

# CORAM SCHOOL NEWS

## October 2022

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
<b>3</b> Bus Safety Program 	<b>4</b> Bus Safety Program 	<b>5</b> Yom Kippur Schools & Offices Closed 	<b>6</b> Bus Safety Program	<b>7</b> Coram Fire Prevention Day 
<b>10</b> Columbus Day Schools & Offices Closed 	<b>11</b> 	<b>12</b> 	<b>13</b> Board of Education Meeting – 7PM - LHS	<b>14</b> Wear Coram Spirt Shirt Pep Rally 
<b>17</b> Coram PTA Mtg – 7PM 	<b>18</b> Coram PTA Class Parent Orientation – 7PM – Intermediate Cafeteria	<b>19</b> PTA School Pictures Grades K, 1 & ½ of 2 	<b>20</b> PTA School Pictures Grades -½ of 2, 3 & 4 	<b>21</b> Wear Coram Spirt Shirt Mail out Interim Reports 
<b>24</b> Coram PTA Pumpkin Picking – Grades K - 4 	<b>25</b> Community Forum & Board of Ed Meeting – 7:00 PM – LHS	<b>26</b> 	<b>27</b> 	<b>28</b> Wear Coram Spirt Shirt Coram PTA Grade 4 Pumpkin Decorating Coram PTA Trunk or Treat – 6PM – 8PM
<b>31</b> 				

# Coram School News

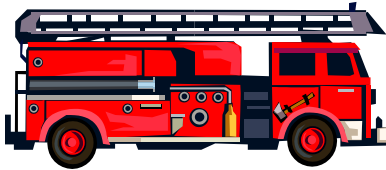
## OCTOBER 2022

Kimberly Longo, Principal  
Jennifer Mella-Mollo, Assistant Principal  
Raegan Hololob, Assistant Principal

School Hours: 9:25 am – 3:25 pm  
698-0341 Primary 698-0077 Intermediate



### FIRE PREVENTION WEEK



The Coram Fire Department will visit Coram School on Friday, October 7<sup>th</sup> to conduct a safety drill. In addition, they are sponsoring a poster contest. Contest guidelines will be sent home shortly. Please encourage your child to participate.

### PEP RALLY

Coram Pep Rally will be held on Friday, October 14th.



### ATTENDANCE



**Please be reminded that absence notes are due the day your child returns to school.** All absences, latenesses and early departures that are not followed by a written note, in a timely manner, are considered unexcused. Unexcused absences, latenesses and early departures will be recorded on your child's report card. Thank you for your prompt attention to this matter.

### HOMEWORK

Homework is an important part of the curriculum and serves to reinforce and strengthen skills that are taught in class. Please provide a quiet place for your child to do his/her homework and see to it that he/she completes all homework assignments. Agenda books should be signed every night. If you have any questions regarding homework contact your child's teacher. In addition, please be sure to read, sign and return notices from your child's teacher in a timely manner.



# THE WELLNESS CORNER

MR. RAYNOHA, PSYCHOLOGIST  
MRS. CAIAZZO, SCHOOL COUNSELOR  
MS. PIZZOLO, BEHAVIORAL TA

698-0077 OR 698-0341

## What to Do About Bullying: Tips for Parents

October is National Anti-Bullying Awareness month. As with many issues related to growing up, openly talking about bullying before it happens is most helpful for children. Teach your child how to recognize and react to bullying, regardless of who is the victim. Also, talk about and model empathy, which is being sensitive to and understanding how other people feel. This can help prevent your child from becoming involved in bullying others.

Children on both sides of bullying incidents need help. Adults must first recognize that bullying should not be ignored. This includes the form of bullying that makes others feel excluded and shunned. No bullying behavior should be considered a normal part of growing up. Bullying is abusive behavior that has a negative impact on other children.

### 1. Encourage your child to report bullying incidents to you.

- Validate your child's feelings by letting him/her know that it is normal to feel hurt, sad, scared, angry, etc.
- Let your child know that she/he has made the right choice by reporting the incident(s) to you and assure your child that she/he is not to blame.

Many children are too embarrassed or are afraid to tell an adult about bullying. They may think that involving an adult will only make the problem worse. Help prepare children by teaching them socialization skills, modeling friendly behavior, and telling them that you will always be there for them. Mention that if something bothers them, they can also talk with a school counselor.

### 2. Do not encourage your child to physically fight back.

### 3. Coach your child in possible alternatives.

- Walking away is often the best strategy.
- Play in a different place.
- Play a different game.
- Stay near a supervising adult when bullying is likely to occur.
- Look for ways to find new friends.
- Encourage your child to invite friends to play at your home or participate in activities.
- Involve your child in social activities outside of school.

Practice role-playing at home. Encourage your child to react calmly and confidently to taunting. Help your child understand that responding with physical aggression or insults usually will make the problem worse. For example, have your child practice saying "Leave me alone" and then walking away.

### 4. Treat the school as your ally.

- Share your child's concerns and specific information about bullying incidents with appropriate school personnel.
- Establish a plan with the school and your child for dealing with future bullying incidents.

### 5. Encourage your child to seek help and to report bullying incidents to someone she/he feels safe with at the school:

- Adult in charge of a specific activity or area (such as the playground, lunchroom, field trips, bus lines, gym, classroom)
- Teacher
- Counselor
- Principal

### 6. Use school personnel and other parents as resources in finding positive ways to encourage respectful behaviors at school.

- Volunteer time to help supervise on field trips and participate in the PTA.
- Become an advocate for school-wide bullying prevention programs and policies.